

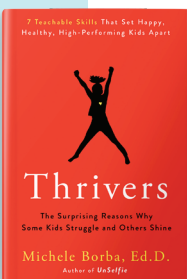
# CORE ASSETS SURVEY



Each child is born with a unique constellation of positive qualities, traits, and Character Strengths that can be developed to increase the odds of thriving in a winner-take-all world. Those that are a child's strongest qualities I call Core Assets, which enhance the seven essential Character Strengths. While dozens of strengths exist, these were selected because they help unleash children's potential to thrive, can be developed, have a positive outcome on well-being, and will help them better the world. Mark only those that are present and authentically define your child.

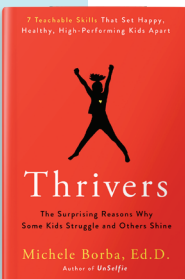
CHARACTER STRENGTHS			
SELF-CONFIDENCE AND SELF-RESPECT	EMPATHY AND RELATIONAL SKILLS		INTEGRITY AND MORAL STRENGTH
<input type="checkbox"/> Authentic	<input type="checkbox"/> Affectionate	<input type="checkbox"/> Humble	<input type="checkbox"/> Admits mistakes; tries to make amends
<input type="checkbox"/> Autonomous	<input type="checkbox"/> Altruistic/caring	<input type="checkbox"/> Includer	<input type="checkbox"/> Courageous
<input type="checkbox"/> Confident	<input type="checkbox"/> Collaborator/team player	<input type="checkbox"/> Kind	<input type="checkbox"/> Dependable
<input type="checkbox"/> Grounded	<input type="checkbox"/> Communicator	<input type="checkbox"/> Likeable	<input type="checkbox"/> Does right without reward
<input type="checkbox"/> Insightful	<input type="checkbox"/> Considerate	<input type="checkbox"/> Loving/compassionate	<input type="checkbox"/> Ethical
<input type="checkbox"/> Independent	<input type="checkbox"/> Courteous	<input type="checkbox"/> Perspective taker/understanding	<input type="checkbox"/> Faithful
<input type="checkbox"/> Individualistic	<input type="checkbox"/> Empathetic	<input type="checkbox"/> Peacemaker/restorer	<input type="checkbox"/> Good judgment
<input type="checkbox"/> Passionate	<input type="checkbox"/> Fair	<input type="checkbox"/> Relates well with others	<input type="checkbox"/> Honest/truthful
<input type="checkbox"/> Sense of purpose	<input type="checkbox"/> Friendly	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Just/fair
<input type="checkbox"/> Self-advocates	<input type="checkbox"/> Generous	<input type="checkbox"/> Service/contributor	<input type="checkbox"/> Leader: sticks up for what is right
<input type="checkbox"/> Self-assurance	<input type="checkbox"/> Gentle	<input type="checkbox"/> Shares/takes turns	<input type="checkbox"/> Peacemaker
<input type="checkbox"/> Strong beliefs	<input type="checkbox"/> Good listener	<input type="checkbox"/> Understands and expresses feelings	<input type="checkbox"/> Responsible/reliable
<input type="checkbox"/> Strong self-understanding	<input type="checkbox"/> Helpful		<input type="checkbox"/> Sportsmanlike

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CHARACTER STRENGTHS			
SELF-CONFIDENCE AND SELF-RESPECT	EMPATHY AND RELATIONAL SKILLS		INTEGRITY AND MORAL STRENGTH
			<input type="checkbox"/> Strong moral character
			<input type="checkbox"/> Trustworthy
			<input type="checkbox"/> Wisdom
SELF-CONTROL AND ADAPTABILITY	CURIOSITY AND CREATIVITY	PERSEVERANCE AND GRIT	OPTIMISM AND HOPE
<input type="checkbox"/> Adaptable	<input type="checkbox"/> Brave/courageous	<input type="checkbox"/> Attentive	<input type="checkbox"/> Forgiver
<input type="checkbox"/> Coping abilities	<input type="checkbox"/> Creative	<input type="checkbox"/> Determined	<input type="checkbox"/> Fun/joyful
<input type="checkbox"/> Delays gratification	<input type="checkbox"/> Creative movement	<input type="checkbox"/> Disciplined	<input type="checkbox"/> Gratitude
<input type="checkbox"/> Focused	<input type="checkbox"/> Generates options	<input type="checkbox"/> Entrepreneur	<input type="checkbox"/> Good-natured
<input type="checkbox"/> Flexible	<input type="checkbox"/> Healthy risk taker	<input type="checkbox"/> Experiences flow state	<input type="checkbox"/> Hopeful
<input type="checkbox"/> Patient	<input type="checkbox"/> Imaginative	<input type="checkbox"/> Follows through	<input type="checkbox"/> Humorous
<input type="checkbox"/> Prudent	<input type="checkbox"/> Inquisitive	<input type="checkbox"/> Fortitude	<input type="checkbox"/> Open
<input type="checkbox"/> Self-discipline	<input type="checkbox"/> Insightful	<input type="checkbox"/> Goal setter	<input type="checkbox"/> Optimistic
<input type="checkbox"/> Self-regulates	<input type="checkbox"/> Innovator/developer	<input type="checkbox"/> Growth mind-set	<input type="checkbox"/> Positive attitude
<input type="checkbox"/> Temperance	<input type="checkbox"/> Loves learning	<input type="checkbox"/> Hardworking	<input type="checkbox"/> Resilient
	<input type="checkbox"/> Nonconformist	<input type="checkbox"/> Initiator	<input type="checkbox"/> Spiritual
	<input type="checkbox"/> Open-minded	<input type="checkbox"/> Perseveres	<input type="checkbox"/> Zest
	<input type="checkbox"/> Problem solver		

UNIQUE STRENGTHS AND CORE ASSETS	
LINGUISTIC STRENGTHS	
<input type="checkbox"/> Reading	<input type="checkbox"/> Poetry
<input type="checkbox"/> Vocabulary	<input type="checkbox"/> Debate
<input type="checkbox"/> Speaking	<input type="checkbox"/> Storytelling/joke telling
<input type="checkbox"/> Remembers facts	



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## UNIQUE STRENGTHS AND CORE ASSETS

### LOGICAL/THINKING STRENGTHS

<input type="checkbox"/> Abstract thinking	<input type="checkbox"/> Organized
<input type="checkbox"/> Common sense	<input type="checkbox"/> Intelligent
<input type="checkbox"/> Computer skills	<input type="checkbox"/> Problem solver
<input type="checkbox"/> Deciphers codes	<input type="checkbox"/> Quick thinker and learner
<input type="checkbox"/> Deeper thinking	<input type="checkbox"/> Knowledgeable about topic
<input type="checkbox"/> Keen memory	<input type="checkbox"/> Science
<input type="checkbox"/> Math and numbers	<input type="checkbox"/> Thinking games

### BODILY KINESTHETIC/PHYSICAL ABILITIES

<input type="checkbox"/> Acting/role-playing	<input type="checkbox"/> Endurance
<input type="checkbox"/> Athletic	<input type="checkbox"/> Graceful
<input type="checkbox"/> Balance/dexterity	<input type="checkbox"/> Gymnastics
<input type="checkbox"/> Coordination	<input type="checkbox"/> Running
<input type="checkbox"/> Dancing	<input type="checkbox"/> Specific sport
<input type="checkbox"/> Dramatics	<input type="checkbox"/> Physical strength

### MUSICAL STRENGTHS

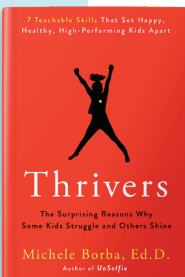
<input type="checkbox"/> Instrument	<input type="checkbox"/> Recalls tunes
<input type="checkbox"/> Singing pitch	<input type="checkbox"/> Reads/composes music
<input type="checkbox"/> Rhythm	<input type="checkbox"/> Responds to music

### NATURE STRENGTHS

<input type="checkbox"/> Observer	<input type="checkbox"/> Science collections
<input type="checkbox"/> Loves animals	<input type="checkbox"/> Hiking

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CONFIDENCE • EMPATHY • SELF-CONTROL • INTEGRITY • CURIOSITY • PERSEVERANCE • OPTIMISM



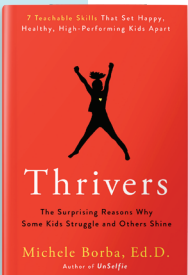
### VISUAL STRENGTHS

<input type="checkbox"/> Artistic	<input type="checkbox"/> Photography
<input type="checkbox"/> Drawing/painting	<input type="checkbox"/> Recall for details
<input type="checkbox"/> Map skills/directionality	<input type="checkbox"/> Visualizes

### LIST CHILD'S ADDITIONAL POSITIVE QUALITIES, CHARACTER STRENGTHS, CORE ASSETS, AND TALENTS

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The list was culled from various sources including Personal Values Card Sort,<sup>24</sup> Values in Action Institute,<sup>25</sup> Gallup's CliftonStrengths,<sup>26</sup> and Thomas Lickona's Ten Essential Virtues.<sup>27</sup> These qualities also exist across a large range of nations as well as in remote tribes and indigenous cultures.<sup>28</sup>



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